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**USER GUIDE** 

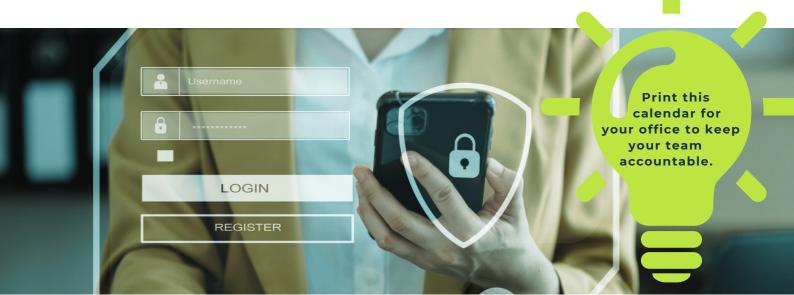
**CYBER SECURITY AWARENESS MONTH** 



PAGE | 02 **CALENDAR** 

# OCTOBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
SEND KICK OFF EMAIL - DOWNLOAD TEMPLATE HERE						
	TOPIC:	MULTI-FA	CTOR AU	THENTICA	ATION	
8	9	10	11	12	13	14
	TOPIC:	PASSWOI	RDS AND	PASSPHR	<u>ASES</u>	
15	16	17	18	19	20	21
	TOPIC: UPDATING SOFTWARE					
22	23	24	25	26	27	28
	TOPIC: REDUCING YOUR PHISHING RISK					
29	30	31				



WEEK 1 PAGE | 03

# WHY YOU NEED TO BE USING MULTI FACTOR AUTHENTICATION (MFA)

Multi-Factor Authentication (MFA) is a security system that requires users to provide two or more forms of identification to gain access to a system or application.

If you've ever signed into your social media account, or banking app for example, it might occasionally ask you for further authentication, to add another layer to the security of your data.

Help your team become MFA Cyber Champions today by following our recommendations below:

- Schedule the Phriendly Phishing MFA training course (You can do this in advance)
- Start the week off right with a personalised email to your team about the importance of MFA directing them to more resources.

Download the email drafts below. Email file | Word Document

Share the MFA tip sheet with your team. You can post this in slack or teams or print out and post in your organisation's lunch room.





WEEK 2 PAGE | 04

### A GUIDE TO CREATING STRONG PASSWORDS & PASSPHRASES

Passwords are still the most common authentication method used online, even with the introduction of new login methods, such as passkeys, biometrics and token-based authentication.

On average, it takes a hacker 2 seconds to crack a password that has 11 characters.

Help your team become Cyber Champions today by following our recommendations below:

- Schedule the Phriendly Phishing password and passphrase training course (You can do this in advance)
- Start the week off right with a personalised email to your team about the importance of creating strong passwords.
- Download the email drafts below.

  <u>Email file | Word Document</u>

Share the passwords and passphrase tip sheet with your team.

Learn what password protection best practices you need to follow.





#### WEEK 3

# UPDATING & PATCHING SOFTWARE

It's not just about getting the latest features. Timely software updates play a crucial role in keeping our data safe. We'll dive into the reasons why hitting that 'update now' button is more crucial than you might think.

Help your team become Cyber Champions today by following our recommendations below:

- Schedule the Phriendly Phishing Secure Coding and/or Device Security training course (You can do this in advance)
- Start the week off right with a personalised email to your team about the importance of updating and patching your software.

Download the email drafts below.

<u>Email file | Word Document</u>

Share the update and patch your software tip sheet with your team. You can post this in slack or teams or print out and post in your organisation's lunch room.

Learn the 5 reasons to regularly update and patch software on your devices.





WEEK 4 PAGE | 06

# REDUCING YOUR PHISHING RISK

Reduce the likelihood of data spills or phishing fallout impacting your organisation. Give your team the skills to make safer decisions and fortify cyber security from the inside out with Phriendly Phishing.

Help your team become Cyber Champions today by following our recommendations below:

- Schedule the Phriendly Phishing S.C.A.M 101 or Business Email Compromise training course (You can do this in advance)
- Start the week off right with a personalised email to your team about the importance of reducing your phishing risk.

Download the email drafts below.

<u>Email file</u> | <u>Word Document</u>

Share the phishing tip sheet with your team. The tip sheet explains angler fishing and discuss how the cyber criminal might spoof as a customer service representatives on social media platforms.





